

**EINKAMPFMEISTERSCHAFTEN Region AZO 2012**

## provisorischer Einsatzplan

**KATEGORIEN**

| Zeit  | Männer           | U20 M               | U18 M               | U16 M         | U14 M         | U12 M         | Frauen            | U20 W           | U18 W           | U16 W         | U14 W         | U12 W         | Zeit          |       |
|-------|------------------|---------------------|---------------------|---------------|---------------|---------------|-------------------|-----------------|-----------------|---------------|---------------|---------------|---------------|-------|
| 08.00 |                  |                     |                     |               | V60m          | V60m          |                   |                 |                 | Kugel 2 3.0kg |               |               | 08.00         |       |
| 08.30 |                  |                     |                     |               | Hoch 1        | Weit 1+ 2     |                   |                 |                 |               |               |               | 08.30         |       |
| 08.55 |                  |                     |                     | Speer 600g    |               |               | Kugel 1 4kg       |                 |                 | Hoch 2        |               |               | 08.55         |       |
| 09.30 |                  |                     |                     |               | Weit 1 + 2    | Hoch 1 + 2    | V100m = U20       | V100m = F       |                 |               |               |               | 09.30         |       |
| 09.40 |                  |                     |                     |               |               |               |                   |                 | V100m           |               |               |               | 09.40         |       |
| 09.50 |                  |                     |                     |               |               |               |                   |                 |                 |               |               |               | 09.50         |       |
| 10.00 | Weit 1           |                     |                     |               | Kugel 1 3.0kg | Kugel 2 2.5kg | Weit 2 + U20      | Weit 2 + F      |                 | V80m          |               |               | 10.00         |       |
| 10.20 |                  |                     |                     | V80m          |               |               |                   |                 |                 |               |               |               | 10.15         |       |
| 10.30 | V100m            |                     |                     |               |               |               |                   |                 |                 |               |               |               | 10.30         |       |
| 10.40 |                  | V100m = U18         | V100m = U20         |               |               |               |                   |                 |                 |               |               |               | 10.40         |       |
| 10.45 | Rangverkündigung |                     |                     |               |               |               |                   |                 |                 |               |               |               | 10.45         |       |
| 11.00 |                  |                     |                     | Kugel 2 4.0kg | Ballwurf 200g |               |                   |                 |                 | Weit 1        |               |               | 11.00         |       |
| 11.15 |                  |                     |                     |               |               |               | Schlb. 1kg = U20  | Schlb. 1kg = F  |                 |               |               |               | 11.15         |       |
| 11.30 |                  |                     |                     |               |               |               |                   |                 |                 |               |               |               | 11.30         |       |
| 11.50 |                  | Weit 2 = U18        | Weit 2 = U20        |               |               | Ballwurf 200g | Hoch 1 = U20      | Hoch1 = F       | Hoch 2          |               |               |               | 11.50         |       |
| 12.05 | STS 12.5         |                     |                     |               |               | F 60m         |                   |                 |                 |               |               |               | 12.05         |       |
| 12.10 |                  |                     |                     |               | F 60m         |               |                   |                 |                 |               |               |               | 12.10         |       |
| 12.15 |                  |                     |                     |               |               |               |                   |                 |                 | F80m          |               |               | 12.15         |       |
| 12.20 |                  |                     |                     | F80m          |               |               |                   |                 |                 |               |               |               | 12.20         |       |
| 12.25 |                  |                     |                     |               |               |               |                   |                 |                 |               |               |               | 12.25         |       |
| 12.30 |                  |                     |                     |               |               |               | STS 6 kg          |                 | F100m           |               |               |               | 12.30         |       |
| 12.35 |                  | F100m = U18         | F100m = U20         |               |               |               |                   |                 |                 |               |               |               | 12.35         |       |
| 12.40 |                  |                     |                     |               |               |               | F100m = U20       | F100m = F       |                 |               |               |               | 12.40         |       |
| 12.45 | F100m            | Kugel 1 5.0kg = U18 | Kugel 1 5.0kg = U20 |               |               |               |                   |                 |                 |               |               |               | 12.45         |       |
| 12.50 | Rangverkündigung |                     |                     |               |               |               |                   |                 |                 |               |               |               | 12.50         |       |
| 13.00 | Speer 800 = U20  | Speer 800 = M       |                     |               |               |               |                   |                 | Kugel 2         |               | V60m          | V60m          | 13.00         |       |
| 13.30 |                  |                     |                     |               |               |               |                   |                 |                 |               | Hoch 1        | Weit 1+ 2     | 13.30         |       |
| 13.40 |                  |                     |                     |               |               |               |                   |                 |                 | 80mH          |               |               | 13.40         |       |
| 13.45 | Kugel 1 5.0kg    |                     |                     |               |               |               | 100mH             | 100mH = F       | 100mH = F       |               |               |               | 13.45         |       |
| 13.55 |                  |                     |                     | 100mH         |               |               |                   |                 |                 |               |               |               | 13.55         |       |
| 14.00 |                  | 110mH               | 110mH               |               |               |               |                   |                 |                 | Speer 400     | Weit 1+ 2     | Hoch 2        | 14.00         |       |
| 14.15 |                  |                     |                     |               |               |               |                   |                 |                 |               |               |               | 14.15         |       |
| 14.30 |                  |                     |                     |               | 1000m         | 1000m         |                   |                 |                 |               |               | Ballwurf 200g | 14.30         |       |
| 14.40 | 4 x 100m         |                     | Speer 700 / 4 x 100 | 4 x 100m      |               |               |                   |                 |                 |               | Kugel 2 3.0kg |               | 14.40         |       |
| 14.50 |                  |                     |                     | Hoch 2        |               |               | 4 x 100m          |                 | 4 x 100m        |               |               |               | 14.50         |       |
| 15.00 | Hoch 1           |                     |                     |               |               |               |                   |                 | Weit 1          |               |               |               | 15.00         |       |
| 15.10 |                  |                     |                     |               |               |               |                   |                 |                 |               |               | F 60m         | 15.10         |       |
| 15.15 |                  |                     |                     |               |               |               |                   |                 |                 |               |               |               | 15.15         |       |
| 15.20 |                  |                     |                     |               |               |               | Speer 600g = U18  |                 | Speer 600g = F  |               | F 60m         | Ballwurf 200g | Kugel 1 2.5kg | 15.20 |
| 15.30 |                  | Hoch 2 = U18        | Hoch 2 = U20        |               |               |               | 800 m = U20 = U18 | 800 m = F = U18 | 800 m = F = U20 |               |               |               |               | 15.30 |
| 15.40 |                  |                     |                     |               |               |               |                   |                 |                 |               | 800 m         |               |               | 15.40 |
| 15.45 | Rangverkündigung |                     |                     |               |               |               |                   |                 |                 |               |               |               | 15.45         |       |
| 15.50 |                  | Weit 2 = U18        | Weit 2 = U20        | Weit 1        |               |               |                   |                 |                 |               |               |               | 15.50         |       |
| 16.00 | STH 18 kg = U20  | STH 18 kg = M       |                     |               |               |               |                   |                 |                 | 800 m         |               |               | 16.00         |       |
| 16.15 | Schlb. 1.5 = U20 | Schlb. 1.5 = M      |                     |               |               |               |                   |                 |                 |               |               | 800m          | 16.15         |       |
| 16.30 |                  |                     |                     |               |               |               |                   |                 |                 |               |               |               | 16.30         |       |
| 16.40 |                  | 1000m = U18 M       | 1000m = U20 M       |               |               |               |                   |                 |                 |               |               |               | 16.40         |       |
| 16.50 | 1000m            |                     |                     |               |               |               |                   |                 |                 |               |               |               | 16.50         |       |
| 17.00 |                  |                     |                     | 1000 m        |               |               |                   |                 |                 |               |               |               | 17.00         |       |
| 17.30 | Rangverkündigung |                     |                     |               |               |               |                   |                 |                 |               |               |               | 17.30         |       |

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**DISZIPLINEN**

| Zeit  | Läufe                      | Weit            | Hoch            | Kugel             | Speer         | Schleuderb    | Steinst. | Steinh.        | Ballwurf  | Zeit  |
|-------|----------------------------|-----------------|-----------------|-------------------|---------------|---------------|----------|----------------|-----------|-------|
| 08.00 | V60m U14 + U12 M           |                 |                 | 2 U16 W 3.0       |               |               |          |                |           | 08.00 |
| 08.30 |                            | 1 + 2 U12 M     | 1 U14 M         |                   |               |               |          |                |           | 08.30 |
| 08.55 |                            |                 | 2 U16 W         | 1 F               | U16 M 600g    |               |          |                |           | 08.55 |
| 09.30 | V100m F + U20 W            | 1 + 2 U14 M     | 1 + 2 U12 M     |                   |               |               |          |                |           | 09.30 |
| 09.40 | V100m U18 W                |                 |                 |                   |               |               |          |                |           | 09.40 |
| 09.50 |                            | 1 M (10.00Uhr)  |                 |                   |               |               |          |                |           | 09.50 |
| 10.00 | V80m U16 W                 | 2 F+U20         |                 | 1 U14 M / 2 U12 M |               |               |          |                |           | 10.00 |
| 10.15 | V80m U16 M                 |                 |                 |                   |               |               |          |                |           | 10.20 |
| 10.30 | V100m M                    |                 |                 |                   |               |               |          |                |           | 10.30 |
| 10.40 | V100m U20 M                |                 |                 |                   |               |               |          |                |           | 10.40 |
| 10.45 | Rangverkündigung           |                 |                 |                   |               |               |          |                |           | 10.45 |
| 11.00 |                            | 1 U16 W         |                 | 2 U16 M 4.0       |               |               |          |                | U14 M 200 | 11.00 |
| 11.15 |                            |                 |                 |                   |               | F+ U20 W 1.0  |          |                |           | 11.15 |
| 11.30 |                            |                 |                 |                   |               |               |          |                |           | 11.30 |
| 11.50 |                            | 2 U20 M + U18 M | 1 F+U20 2 U18W  |                   |               |               |          |                | U12 M 200 | 11.50 |
| 12.05 | F60m U12 M                 |                 |                 |                   |               |               | M 12.5   |                |           | 12.05 |
| 12.10 | F60m U14 M                 |                 |                 |                   |               |               |          |                |           | 12.10 |
| 12.15 | F80m U16 W                 |                 |                 |                   |               |               |          |                |           | 12.15 |
| 12.20 | F80m U16 M                 |                 |                 |                   |               |               |          |                |           | 12.20 |
| 12.25 |                            |                 |                 |                   |               |               |          |                |           | 12.25 |
| 12.30 | F100m U18 W                |                 |                 |                   |               |               | F 6 kg   |                |           | 12.30 |
| 12.35 | F100m U20 M + U18 M        |                 |                 |                   |               |               |          |                |           | 12.35 |
| 12.40 | F100m F + U20 W            |                 |                 |                   |               |               |          |                |           | 12.40 |
| 12.45 | F100m M                    |                 |                 | 1 U20 M + U18 M   |               |               |          |                |           | 12.45 |
| 12.50 | Rangverkündigung           |                 |                 |                   |               |               |          |                |           | 12.50 |
| 13.00 | 60m U14 + U12 W            |                 |                 | 2 U18 W           | M + U20 800g  |               |          |                |           | 13.00 |
| 13.30 |                            | 1 + 2 U12 W     | 1 U14 W         |                   |               |               |          |                |           | 13.30 |
| 13.40 | 80Hü U16 W                 |                 |                 |                   |               |               |          |                |           | 13.40 |
| 13.45 | 100Hü F + U20 + U18        |                 |                 | 1 M               |               |               |          |                |           | 13.45 |
| 13.55 | 100Hü U16 M                |                 |                 |                   |               |               |          |                |           | 13.55 |
| 14.00 | 110Hü U20 M + U18 M        | 1 + 2 U14 W     | 2 U12 W         |                   | U16W 400g     |               |          |                |           | 14.00 |
| 14.15 | 1000m U12 M                |                 |                 |                   |               |               |          |                |           | 14.15 |
| 14.30 | 1000m U14 M                |                 |                 |                   |               |               |          |                | U12 W 200 | 14.30 |
| 14.40 | 4 x 100m M + U18 M + U16 M |                 |                 | 2 U14 W 3.0       | U18M 700g     |               |          |                |           | 14.40 |
| 14.50 | 4 x 100m F + U18 W         |                 | 2 U16 M         |                   |               |               |          |                |           | 14.50 |
| 15.00 |                            |                 | 1 M             |                   |               |               |          |                |           | 15.00 |
| 15.10 | F60m U12 W                 | 1 U18 W         |                 |                   |               |               |          |                |           | 15.10 |
| 15.15 | F60m U14 W                 |                 |                 |                   |               |               |          |                |           | 15.15 |
| 15.20 |                            |                 |                 | 1 U12 W 2.5       | F + U18W 600g |               |          |                | U14 W 200 | 15.20 |
| 15.30 | 800m F + U20 W + U18 W     |                 |                 |                   |               |               |          |                |           | 15.30 |
| 15.40 | 800m U14 W                 |                 |                 |                   |               |               |          |                |           | 15.40 |
| 15.45 | Rangverkündigung           |                 |                 |                   |               |               |          |                |           | 15.45 |
| 15.50 |                            | 1 U16 M         | 2 U20 M + U18 M |                   |               |               |          |                |           | 15.50 |
| 16.00 | 800m U16 W                 |                 |                 |                   |               |               |          | M + U20 M 18kg |           | 16.00 |
| 16.15 | 800m U12 W                 |                 |                 |                   |               | M + U20 M 1.5 |          |                |           | 16.15 |
| 16.30 |                            |                 |                 |                   |               |               |          |                |           | 16.30 |
| 16.40 | 1000m U20 M + U18 M        |                 |                 |                   |               |               |          |                |           | 16.40 |
| 16.50 | 1000m M                    |                 |                 |                   |               |               |          |                |           | 16.50 |
| 17.00 | 1000m U16 M                |                 |                 |                   |               |               |          |                |           | 17.00 |
| 17.30 | Rangverkündigung           |                 |                 |                   |               |               |          |                |           | 17.30 |